

# Just Friends

**DATE:** Wednesday, April 29  
**TIME:** 12:30—2:30 PM  
**WHERE:** Our Lady Star of the Sea Parish Hall  
**PROGRAM:** ZUMBA with Jeanne Degatano

## **BROWN BAG LUNCH**

Zumba Gold is a fitness program specifically designed to take exciting Latin and International dance rhythms and bring the original Zumba program to the active older adult, beginner participant, etc. This fun Latin inspired dance program is great for the mind, body and soul.

