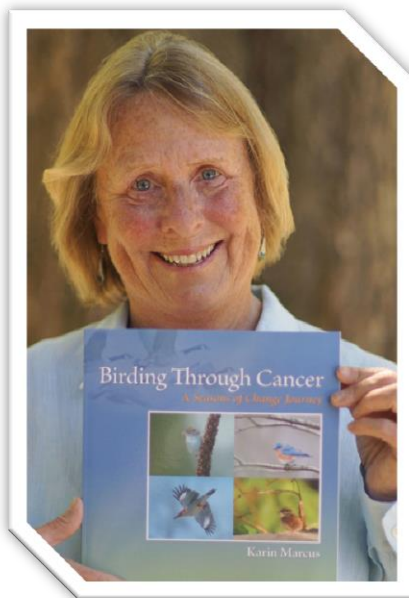


# Just Friends

- DATE:** Wednesday, April 26th
- TIME:** 12:30—2:30 PM
- WHERE:** Our Lady Star of the Sea Parish Hall
- PRESENTER:** Karin Marcus, PCC, MA  
Author of ***Birding through Cancer:  
A Seasons of Change Journey***

Karin will talk about the physical & emotional benefits of being in nature and share some fun activities.

***LUNCH:*** Bring Brown Bag ~ ***Dessert and Beverages will be provided.***



**Join us!**